

Sarah Fielke class requirements

This quilt is sunshine on a cloudy day. Learn Sarah's unique, fun and user friendly method of needleturn appliqué while working on a sunflower block.

We will likely only work on one block during this class. You may like to bring enough fabric for two blocks so you have options.

Supply List:

For one sunflower block you will need:

- * One 15 ½" square of background fabric
- * One fat quarter of green fabric for stem and leaves
- * One 10" square for sunflower
- * One 8" square for sunflower centre
- * One piece of kitchen foil 12" square - PLEASE DON'T FORGET THIS! (The Stitchin' Post does not carry kitchen foil.)
- * Silver gel pen (archival quality, scrapbooking pen. Silver only)
- * LIQUID appliqué glue (no glue sticks please)
- * Scissors for fabric
- * Milliners needles #11
- * Fine (50 weight is ideal) COTTON (not polyester) threads to match your appliqué fabrics
- * Small sharp scissors such as embroidery or tweezer scissors
- * Copy of **"Old Quilts New Life"** by Sarah Fielke for the pattern. Each student must OWN their own copy of the book.

Before class I recommend you cut out your templates. This will save you a lot of time in class. You can use template plastic, or laminate your templates and cut them from the laminate. From the book the I've Got Sunshine templates start on page 134. You will need templates B, H, A, G, and D. Please note that template G is like a frame - you need to cut on the outside line AND the inside line to get a thin heart with a heart shaped hole in the centre. PLEASE DO NOT cut out any applique shapes.

A kit for the appliqué tools, plus optional threads, is available from my website. If you would like this kit from me, you MUST order it by June 29 as I will be travelling after that time. If you would like to order, please say "SISTERS" in the comments box at checkout and I will refund your postage. Your kit will then be available in class.

If you have any questions or concerns prior to class, feel free to email me at sarah@sarahfielke.com. Please note that I live in Australia so my response will likely not be immediate as I am on the other side of the world! ;)

The book **"Old Quilts New Life"** is available from good bookstores or signed from my website, www.sarahfielke.com